

LUNCH MENU

*Your Hammam Spa Lunch includes an iQ Box,
a beverage and Turkish sweets. \$25*

Available daily before 3:00pm

IQ BOXES

BIG CARROT

Roasted carrots, pickled carrots, heirloom carrots, avocado, pickled onions, cucumbers, shredded brussels sprouts, cilantro, jalapeños, lime wedge, brown rice, roasted carrot tahini dressing (V) (GF)

MAPLE GREENS

Oven roasted chicken, mariposa goat cheese, maple roasted squash, charred green beans, green apple, spicy pumpkin seeds, organic baby kale, organic quinoa, balsamic vinaigrette (GF)

MARKET BOWL

Arugula, heirloom carrots, watermelon radish, pickled turnips, cucumbers, avocado, organic microgreens, free-run hard-boiled eggs, brown rice, lemon wedge, herb vinaigrette (GF)

CHICKEN KALE CAESAR

Chopped caesar (nero kale, curly kale, brussel sprouts, vegan caesar dressing), oven roasted chicken, parmesan, grape tomatoes, roasted chickpeas, spicy sunflower seeds, lime wedge, vegan caesar dressing (GF)

SABABA

Sweet potato bean cakes, roasted cauliflower, avocado, chickpeas, cucumbers, pickled carrots, pickled turnips, spicy sunflower seeds, lemon wedge, cilantro, organic baby kale, brown rice, spicy tahini dressing (V) (GF)

LIMA

Oven roasted chicken, spicy corn, black beans, grape tomatoes, avocado, aged white cheddar, jalapeños, pickled cabbage, cilantro, lime wedge, brown rice, hot sauce (GF)

SPARTA

Oven roasted chicken, grape tomatoes, cucumbers, feta, kalamata olives (w/ pits), pickled onions, basil, arugula, organic quinoa, hummus, extra virgin olive oil + balsamic vinegar (GF)

APPLE COBB

Oven roasted chicken, aged white cheddar, red apple, dried cranberries, toasted almonds, spinach, organic quinoa, honey dijon vinaigrette (GF)

MISO MISO

Roasted steelhead salmon, roasted sweet potato, charred broccoli, avocado, pickled ginger, watermelon radish, toasted sesame seeds, lime wedge, brown rice, arugula, ginger miso dressing MISO (GF)

Please notify us of any food allergies.

*Hammam Spa catered fare provided by iQ Food Co., Simit & Chai and Turkish Treats
p. 416.366.4772 email. info@hammamspa.ca*